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# Prioritizing Safety, Responsibility, and Equality

## The importance of safety and participant eligibility in our special coaching and consulting services:

As a provider of coaching and consulting services, we prioritize safety, responsibility, and compliance with all applicable regulations and laws. This extends to all our programs, where participant eligibility is of utmost importance.

We take this responsibility seriously and strive to ensure that all participants in our programs are qualified, responsible, and committed especially to safety and responsible firearm use. By prioritizing participant eligibility and safety, we can provide a positive and valuable experience for all participants and maintain the integrity of our programs.

At our training facility, we prioritize safety and responsible firearm use. It is important to note that sports-shooting, like any activity involving firearms, requires strict adherence to safety protocols and procedures. We take great care to ensure that all participants are equipped with the skills and knowledge necessary to use firearms in a safe and responsible manner.

### **Our priority in offering sports training with firearms is safety and conscious handling of potential danger.**

Safety training is at the forefront of our program, and all participants will receive thorough instruction and education on all safety-related aspects.

At our training facility, we provide a comprehensive approach to safety and responsible firearm use. Our activities related to firearms take place exclusively in authorized and controlled facilities. Our coach is experienced, licensed and highly trained to ensure that all participants are equipped with the skills and knowledge necessary to use firearms in a safe and responsible manner.

### **Generally we carry out the 5 Energy- Activities with only one participant. The energy activities 2 and 3 are always and only carried out with one single participant.**

#### **It has been proven that sports shooting with a conscious and safe approach not only trains character and certain skills**

but also reduces the allure of engaging with firearms outside of sports activities. All of these factors contribute to the benefits of engaging in sports shooting on approved ranges with well-trained coaches.

Through conscious and secure handling of sports firearms, participants develop character and specific skills while also recognizing their fundamental responsibility. Engaging in sports shooting with a responsible and safe approach provides numerous benefits, including character development, skill training, and the elimination of dangerous practices. Our program prioritizes safety and responsible firearm use, and we provide a comprehensive approach to education and training to ensure all participants have a positive and valuable experience.

**Sports shooting as we provide it requires a high level of concentration, focus, and control. It teaches individuals how to remain calm under pressure and make precise decisions quickly.** These skills are essential in many areas of daily life, but particularly for those in management and leadership roles. Being able to remain calm

under pressure, make quick decisions, and stay focused on the task at hand are all critical skills for success in these positions.

Additionally, sports shooting requires responsibility and conscious control of body physics. Participants must understand and follow all safety protocols and be accountable for their actions at all times. These skills translate well to daily life, where responsibility and accountability are essential for success in any role.

### **Breaking Down Gender Barriers – Women’s Success in Sports Shooting:**

Scientific research has shown that there are no inherent physical or mental differences between genders that would impact performance in this sport. In fact, women have consistently demonstrated their skills and abilities in competitive shooting events, and many have achieved great success in this field.

At our training facility, we prioritize equality and diversity, and we welcome individuals of all genders to participate in our programs. We believe that everyone has the potential to excel in sports shooting with the right training, education, and support.

In conclusion, sports shooting is a sport that is open to men and women, and we encourage everyone to explore this rewarding activity. At our training facility, we are committed to creating a welcoming and inclusive environment where all individuals can feel supported and empowered to achieve their goals.

### **Please note that the combination of our energy-activities with leadership and management coaching and training programs may not be suitable for everyone.**

Individuals should consult with their healthcare provider before participating in any of our offered activities. The development of any kind of skills requires practice and dedication and may not be suitable for all individuals.

We reserve the right to reject any participant from our programs if we have reason to believe that they may not meet our requirements for safety and especially responsible firearm use. This may include concerns related to mental health, criminal history, or other factors that could impact the safety of the participant or others.

Minors are only allowed to participate at all in the program if accompanied by a legal guardian.

## **If you are interested in working with us, we encourage you to please reach out and provide us with a sort of a background picture:**

At Akedah Coaching & Consulting, we believe in working with clients who are committed to personal development and success. As part of our commitment to providing personalized and effective services, we require that new clients present a sort of a background picture.

This may include information about their professional background, such as their role within a company or organization.

By requesting this information, we can ensure that we are providing the most effective and personalized services possible. We take great care to protect the privacy and confidentiality of all our clients and treat all information with the utmost discretion.

We look forward to helping you achieve your goals and reach your full potential.